

TEN TRINITY SPA MENU

Sample Menu

+44 (0)20 3297 9200

BOOK A TREATMENT

SIGNATURE TREATMENTS

COLLAGEN SCULPT AND DEFINE QMS MEDI COSMETICS

From QMS Medicosmetics, this specialized treatment works to fortify and rejuvenate skin, targeting areas susceptible to reduced elasticity with age. It provides a lifting and firming massage paired with a collagen-enhancing procedure, aiming to enhance the firmness of the jawlines, cheeks and eyebrows. Together with arm exfoliation and nourishment to treat the upper body, this is more than just a facial. The transformative treatment leaves you refreshed and restored.

90 MINUTES

AROMATHERAPY MASSAGE

Luxurious, indulgent and entirely personalized, this tailor-made, therapeutic full-body massage unites effective, targeted massage with soothing and nourishing essential oils to ensure the very best results for your needs.

60-90 MINUTES



SWEDISH MASSAGE

Ease muscular tension and alleviate aches and pains with this stimulating massage. Firm, targeted techniques effectively release knots and soothe tight muscles and joints, leaving you relaxed and revived. Your experience includes a Swedish massage of the back, legs, arms, abdomen, neck and shoulders.

60-90 MINUTES

TEN TRINI-TEA SPA DAY

Enjoy the opportunity to relax, unwind and indulge with the Ten Trini-Tea Spa Experience at Four Seasons Hotel London at Ten Trinity Square. This experience offers a 60-minute personalized massage and use of the Spa facilities for four hours, including the swimming pool and vitality pool, followed by an indulgent afternoon tea at Rotunda. Beverages are not included. Available Friday to Sunday from 9:00 am to 8:00 pm.

ALL DAY

TRADITIONAL HAMMAM RITUAL - ESCAPE TO TALIOUINE

This treatment begins with an ultra-purifying exfoliation using the detoxifying body scrub Miel d'Ambre followed by a soothing cleansing with the orange infused shower milk. At the end of the ritual, the Jardin Mille Roses Spray moisturises the skin, relieves tensions and regulates the body's energy. A facial cleanse and hair treatment are included in the 90min treatment.

60-90 MINUTES

SELF-DISCOVERY RADIANCE FACIAL

A VOYA treatment, this skin type—specific, ocean-inspired organic facial is deeply detoxifying, thoroughly revitalizing, and helps smooth skin tone and increase clarity. VOYA's Self-Discovery Radiance Facial incorporates a relaxing facial massage to release any build-up of toxins and to repair and nourish skin cells damaged by pollution and chemical exposure. You are left with a revived glowing complexion that is both enriched and strengthened. For sensitive, normal, dry, dehydrated, combination or oily skin.

60 MINUTES



SPA TREATMENTS

Aromatherapy Massage 60 minutes Aromatherapy Massage 90 minutes Swedish Massage 60 minutes Swedish Massage 90 minutes Hot Stone Massage 90 minutes Deep Muscle Massage 60 minutes Deep Muscle Massage 90 minutes Ten Trini'Tea Spa Day Voyager Massage Journey 60 minutes

BODY TREATMENTS

Voyager Massage Journey 90 minutes

Mother-To-Be Massage 60 minutes Mother-To-Be Massage 90 minutes Mother-To-Be Organic Precious Moments 60 minutes Mother-To-Be Organic Precious Moments 90 minutes Organic Indulgence Spiced Mud Rasul (For Two) Organic Peppermint & Seaweed Sugar Glow 60 minutes Organic Warm Spiced Mud Wrap 60 minutes



FACIAL TREATMENTS

Collagen sculpt and define QMS Medi cosmetics 90 minutes Luxury Green Caviar Lift Facial Dr Burgener 90 minutes Swiss Age Perfecting Jewel Dr Burgener 60 minutes Instant collagen Booster Facial Dr Burgener 60 minutes Skin Radiance Dr Burgener Facial 60 minutes Deluxe Facial Experience VOYA 90 minutes Self-Discovery Radiance VOYA 60 minutes

ENHANCEMENTS

Back, Neck & Shoulders Body Exfoliation Express Facial

ΗΑΜΜΑΜ

Escape to Talouine 60 minutes Escape To Talouine with Face and Scalf Ultimate Sensory Hammam Journey for 2 Ten Trini'Tea Spa Day



AUTOGRAPH EXPERIENCE

Mindful Dreams

Organic Seaweed Leaf Wrap

Prestigious Cocooning

BOOKING POLICY

Any reservation changes or cancellations with less than a 24-hour notice will be fully charged.

A discretionary service charge of 10% will be added to your bill.

For non-resident guests, payment will be taken upon arrival at the Spa.

For non-resident guest bookings, complimentary access to our spa facilities is offered to guests who book a 90-minute (or over) treatment. For 60-minute treatments, a chargeable spa facilities pass is required; please contact our spa reception team to book your spa facilities pass.